Before we ring in the new year, it is important to take a look back on the accomplishments, enjoyable moments and regrets of 2012.

In addition to planning an awesome New Year's Eve party, students, faculty and staff are excited to pursue their New Year's resolutions.

Year after year, New Year's resolutions seem to follow a common theme.

Students are eager to improve their health, exercise more, study harder and procrastinate less.

"It's easy to think of a resolution during finals weeks as I'm cramming for a number of tests. This year, my New Year's resolution is to quit procrastinating and get things done sooner so that I can have more time to myself. Hopefully, I can make it work," Eddie Green, junior history major, said.

Not only are students making plans for the upcoming year, but professors, too, are coming up with various ways to enhance their lives.

"My New Year's resolutions are always said tenuously, but this year they ended up being: get up and dance or exercise for an hour three times a week, go shopping for avocados and fruit twice a month, if not weekly, and write frequently with permission to write horribly because there's always a chance to revise later," Emily Moody, English instructor, said.

But besides the general promise to eat better and study harder, some students have very

specific resolutions for the year 2013.

“I plan to eat healthy and go for more runs, but I also want to make an effort to depend less on technology for entertainment. I think it is great that we have so many gadgets to help us get through the day, but my plan for 2013 is to become less attached to my iPhone and the Internet, so that I can enjoy other aspects of my life,” Ashley Lavorini, junior marketing major, said.

But none of these resolutions are any good without a fair amount of determination and willpower.

Students are quick to think of a number of promises for 2013, but how exactly will they stick to their future plans?

“I think that the key to carrying out my New Year’s resolution is to think back to the past semester and remember what worked, what did not work, and what I would like to do better. That being said, I’m definitely excited to bring in a new year,” Green said.